

**YOUTH EXCHANGE**

# **SCHEDULE**

**Leaders of tomorrow**  
youth leadership  
and personal branding



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# Project Overview

 **Dates: April 22 - May 05, 2025**

 **Participating Countries: Armenia, Georgia, Greece, Bulgaria, Poland**

 **Participants: 30 young people (6 from each country)**

 **Location: Ośrodek Pracy i Edukacji "Społecznik," Międzybrodzie Bialskie, Poland**

The "Leaders of Tomorrow" youth exchange is a 14-day Erasmus+ KA151-YOU accredited program, bringing together young participants (aged 18-30) from Armenia, Georgia, Greece, Bulgaria, and Poland. The program focuses on leadership development, personal branding, public speaking, and civic engagement, equipping participants with the tools to become active changemakers in their communities.

The exchange includes a mix of interactive workshops, Erasmus+ learning methodologies, intercultural dialogue, and practical community projects, following the Erasmus+ quality standards for mobility activities.



# DETAILED PROGRAM SCHEDULE

## **Day 1 (April 22) – Arrival & Welcome**

- ◆ Arrival of participants at Ośrodek Pracy i Edukacji "Społecznik"
- ◆ Check-in and room assignments
- ◆ Welcome session: Introduction to Erasmus+ and KA151 accreditation
- ◆ Ice-breaking activities & team-building games
- ◆ Intercultural evening: Participants present their countries' culture, food, and traditions

## **Day 2 (April 23) – Introduction to Erasmus+ & Youthpass**

- ◆ Presentation on Erasmus+ and its impact on youth development
- ◆ Introduction to Youthpass and Key Competences for Lifelong Learning
- ◆ Goal setting and expectations for the program
- ◆ Workshop: Self-reflection and leadership aspirations
- ◆ Outdoor team challenges to foster trust and communication



## **Day 3 (April 24) – Leadership & Personal Identity**

- ◆ **Workshop: What makes a great leader? Leadership styles and self-assessment**
- ◆ **Group discussions: Personal branding in a leadership role**
- ◆ **Creative exercise: Designing your personal leadership journey**
- ◆ **Practical task: Leadership in action - problem-solving challenges**



## **Day 4 (April 25) – Public Speaking & Confidence Building**

- ◆ **Workshop: Public speaking techniques and body language**
- ◆ **Practical exercise: Speech delivery and peer feedback**
- ◆ **Role-play: Handling leadership challenges and debates**
- ◆ **Intercultural storytelling night**



## **Day 5 (April 26) – Digital Leadership & Online Branding**

- ◆ **Workshop: Social media strategies for personal branding**
- ◆ **Practical task: Creating impactful content for digital platforms**

- ◆ Discussion: Ethics and responsibility in online presence
- ◆ Group challenge: Design a digital campaign for social change

## **Day 6 (April 27) – Project Development & Erasmus+ Opportunities**

- ◆ Introduction to Erasmus+ project writing and funding opportunities
- ◆ Workshop: How to create impactful social initiatives
- ◆ Group brainstorming: Identifying key community challenges
- ◆ Practical session: Developing Erasmus+ project proposals

## **Day 7 (April 28) – Study Visit & Networking**

- ◆ Field trip to a local youth organization or social enterprise
- ◆ Networking session with local changemakers
- ◆ Discussion: Youth leadership in action - sharing best practices



## **Day 8 (April 29) – Civic Engagement & Social Impact**

- ◆ **Workshop: How young leaders can drive civic change**
- ◆ **Practical session: Designing community engagement activities**
- ◆ **Panel discussion: The role of youth in democracy and activism**



## **Day 9 (April 30) – Intercultural Learning & Conflict Resolution**


- ◆ **Workshop: Understanding cultural diversity and unconscious bias**
- ◆ **Role-play activity: Conflict management and negotiation skills**
- ◆ **Cultural challenges - teamwork exercises with an intercultural twist**



## **Day 10 (May 01) – Outdoor Leadership & Sustainability**


- ◆ **Eco-leadership workshop: Sustainability in leadership**
- ◆ **Outdoor group tasks: Leadership in a challenging environment**
- ◆ **Action planning: Developing green leadership skills**





## **Day 11 (May 02) – Personal Development & Career Planning**

- ◆ CV and LinkedIn optimization workshop
- ◆ Career coaching session: Setting long-term professional goals
- ◆ Mock interviews and feedback session



## **Day 12 (May 03) – Finalizing Projects & Presentations**

- ◆ Finalization of youth-led projects
- ◆ Pitching presentations in front of expert panel
- ◆ Feedback session: Strengthening project ideas



## **Day 13 (May 04) – Evaluation & Youthpass Certification**

- ◆ Final reflections on personal growth and leadership journey
- ◆ Youthpass ceremony: Recognizing participants' learning outcomes
- ◆ Farewell party & cultural exchange evening





## **Day 14 (May 05) – Departure**

- ◆ **Breakfast and check-out**
- ◆ **Transfers to departure locations**

# **LEARNING METHODOLOGIES**

**The program is designed using non-formal education methodologies aligned with Erasmus+ standards:**

- **Interactive workshops & debates**
- **Learning by doing (practical projects)**
- **Group work & peer learning**
- **Reflection circles & feedback loops**
- **Outdoor experiential learning**



# EXPECTED IMPACT

- ✓ Enhanced leadership and communication skills
- ✓ Improved ability to brand oneself professionally
- ✓ Greater understanding of Erasmus+ opportunities
- ✓ Stronger intercultural awareness and civic engagement
- ✓ Concrete social projects ready for implementation

# PRACTICAL INFORMATION

- 📌 **Accommodation & Meals:** Fully covered under Erasmus+ funding at Ośrodek Pracy i Edukacji "Społecznik"
- ✈️ **Travel Costs:** Reimbursed based on Erasmus+ distance bands

We look forward to welcoming you to Poland and shaping the leaders of tomorrow together!

## CONTACT

If you have any questions, don't hesitate to ask!

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