

# *Info Pack*

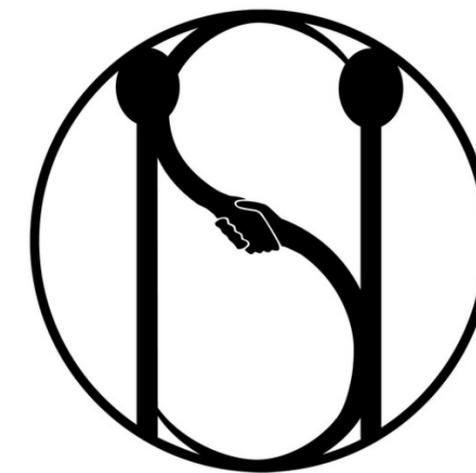
## ***YOUTH EXCHANGE***



### **LIVE GREEN**

***Golden Sands, Bulgaria,***

***16.05.24-24.05.24***



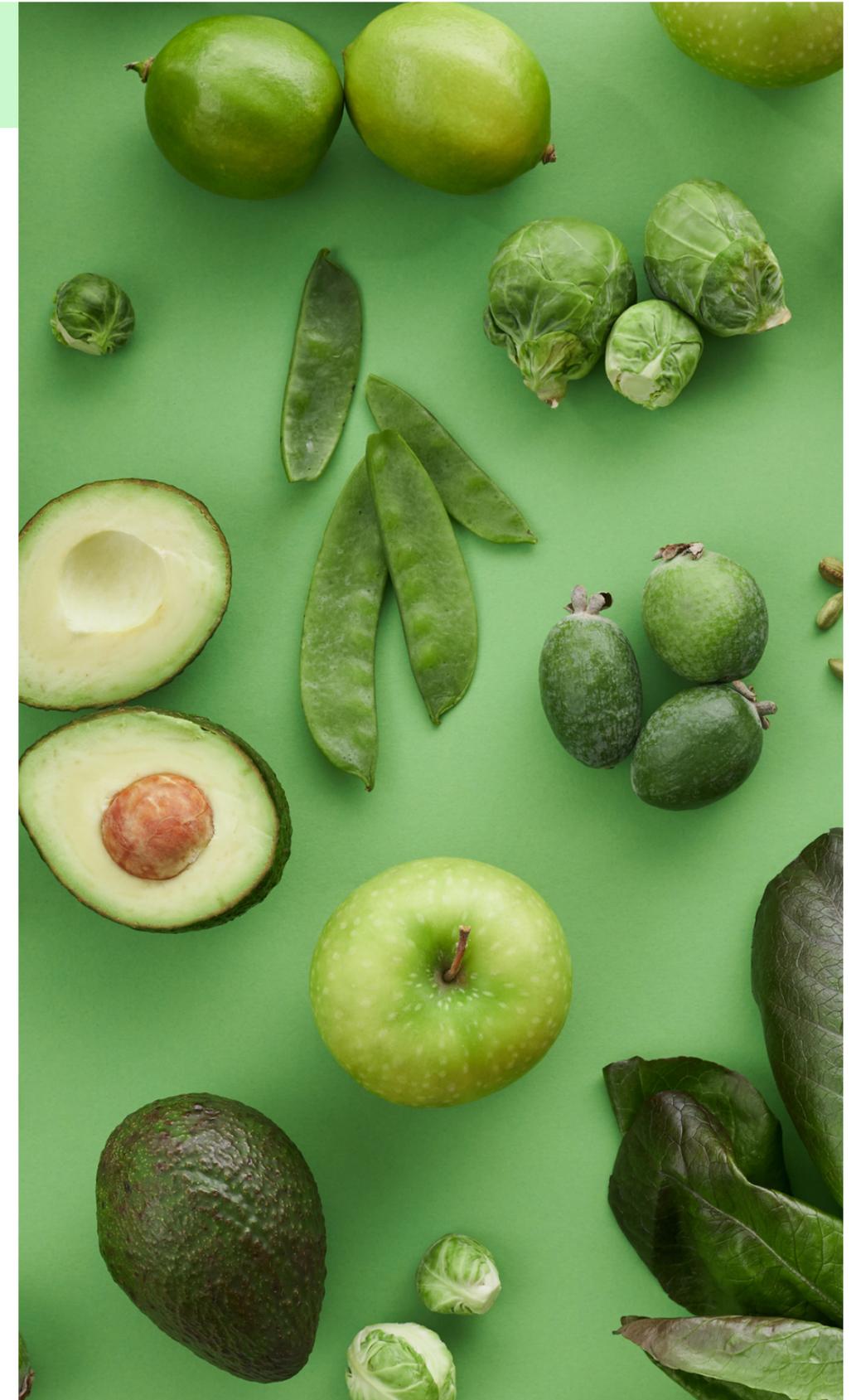
Co-funded by the  
Erasmus+ Programme  
of the European Union

# ABOUT THE PROJECT

The aim of the "**Live Green**" project is to popularize behaviors aimed at not wasting food and limiting the formation of its leftovers among young people. In addition, our goal is to promote the idea of Live Green and activities aimed at reducing waste generation among our peers.

The project will involve **25** young people people from Bulgaria, Romania, Italy and Lithuania, Italy. Our participants will be between 18 and 27 years old.

The result of all these activities will be the creation of a mini-cookbook, which translated into the languages of the participating countries and into English will promote the ideas of Live Green .



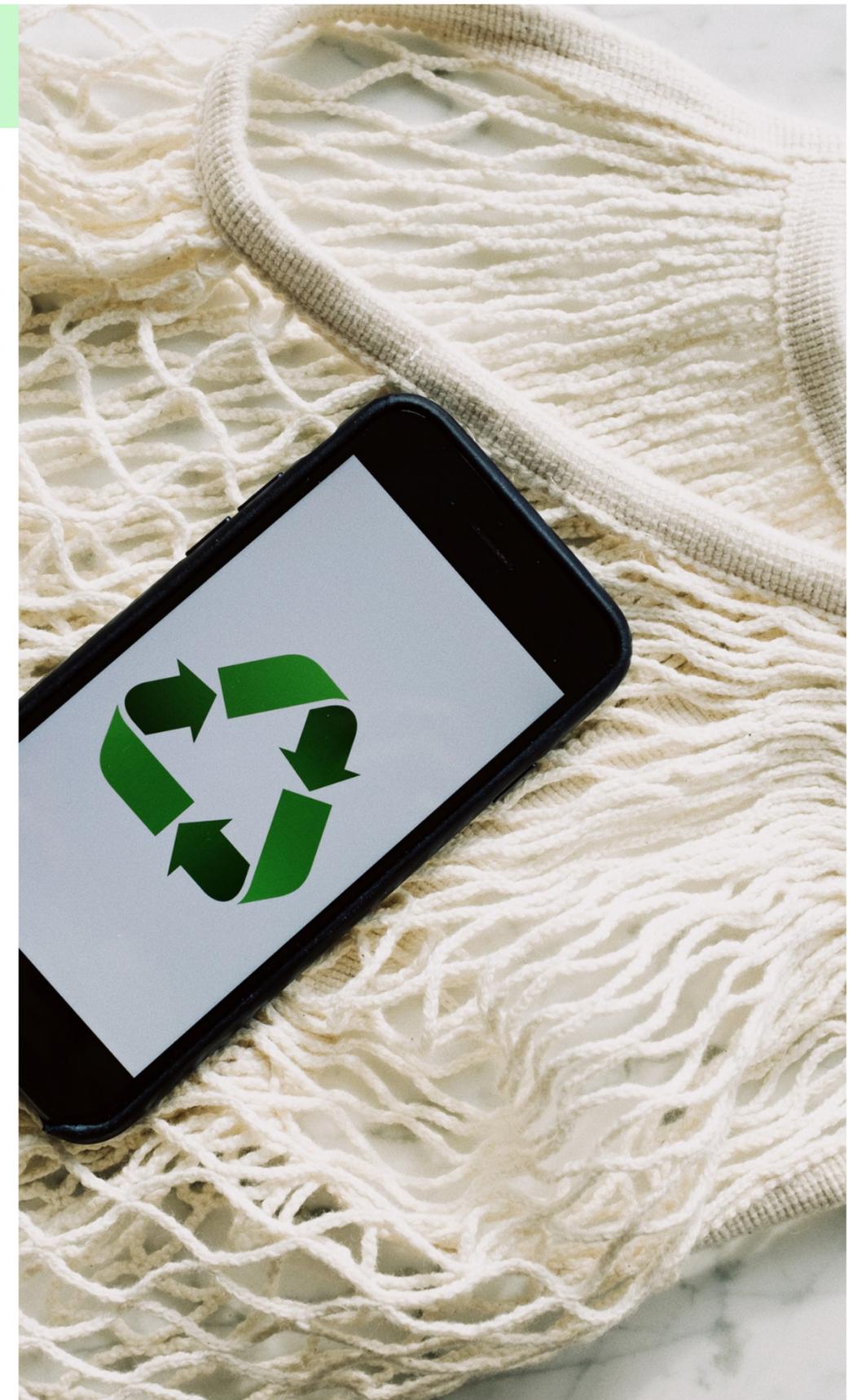
# ONLINE PREPARATORY VISIT



**DATE: 16.04.24 at 10.00 CET on Zoom**

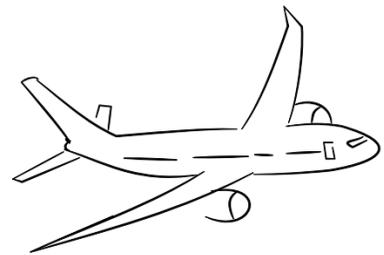
**The link to the meeting will be sent via e-mail**

**2 participants per partner**



# YOUTH EXCHANGE

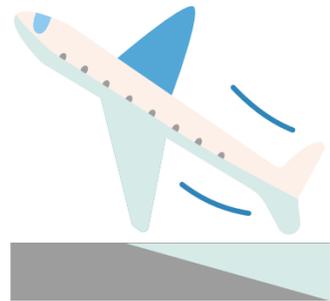
## BASIC INFO ABOUT THE PROJECT



**Arrival day 16.05.2024**



**Activity days 17.05.24 -23.05.24**



**Departure day 24.05.2024**



**Venue: Hotel Detelina, Golden Sands, Bulgaria**



# PARTICIPANTS



**5 PARTICIPANTS  
INCLUDING:**

**1 GROUP LEADER**

**2 PARTICIPANTS  
WITH FEWER  
OPPORTUNITIES**

**AGE 18-27 YEARS  
OLD**



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***GROUP LEADERS 18+ WITHOUT AGE LIMIT***

# ABOUT HOSTING ORGANIZATION

Social Hub promotes collaboration between non-profit organizations active in the field of culture, outdoor activities, sports, and social inclusion, developing a community of young active people that share life-changing stories.



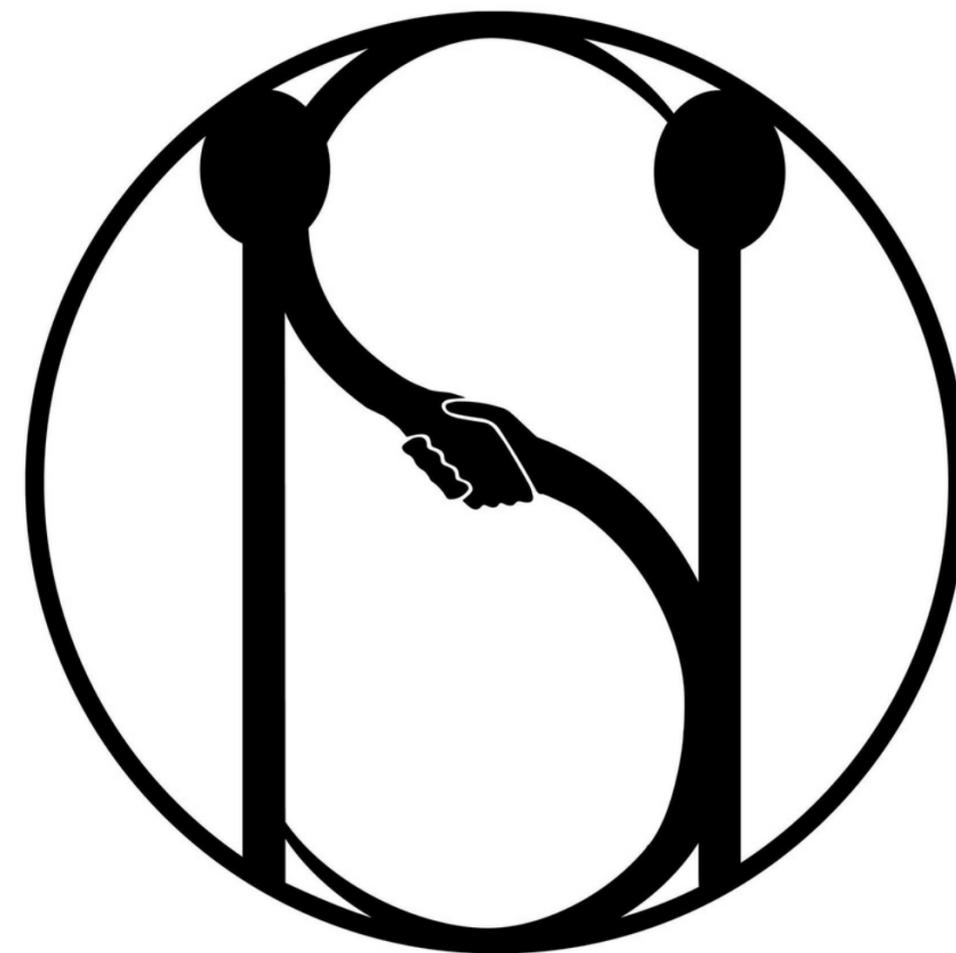
<https://www.facebook.com/SocialHubBulgaria>



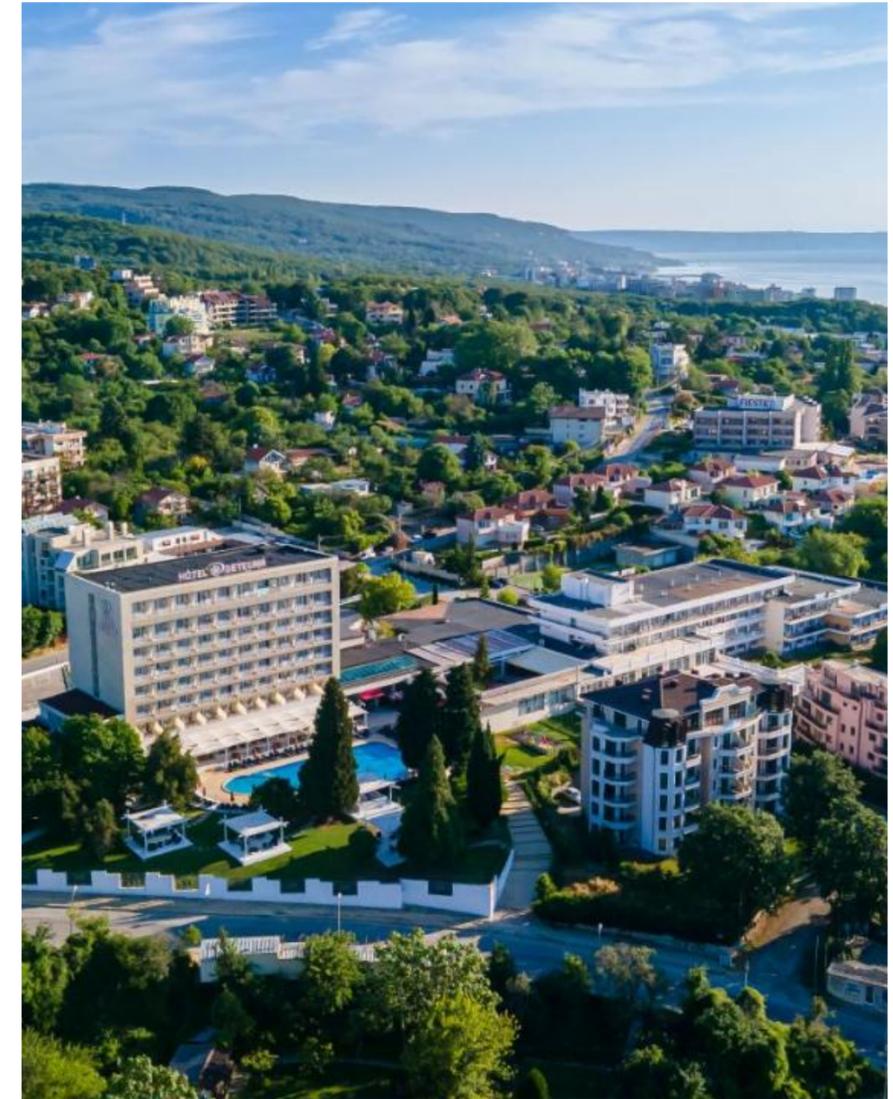
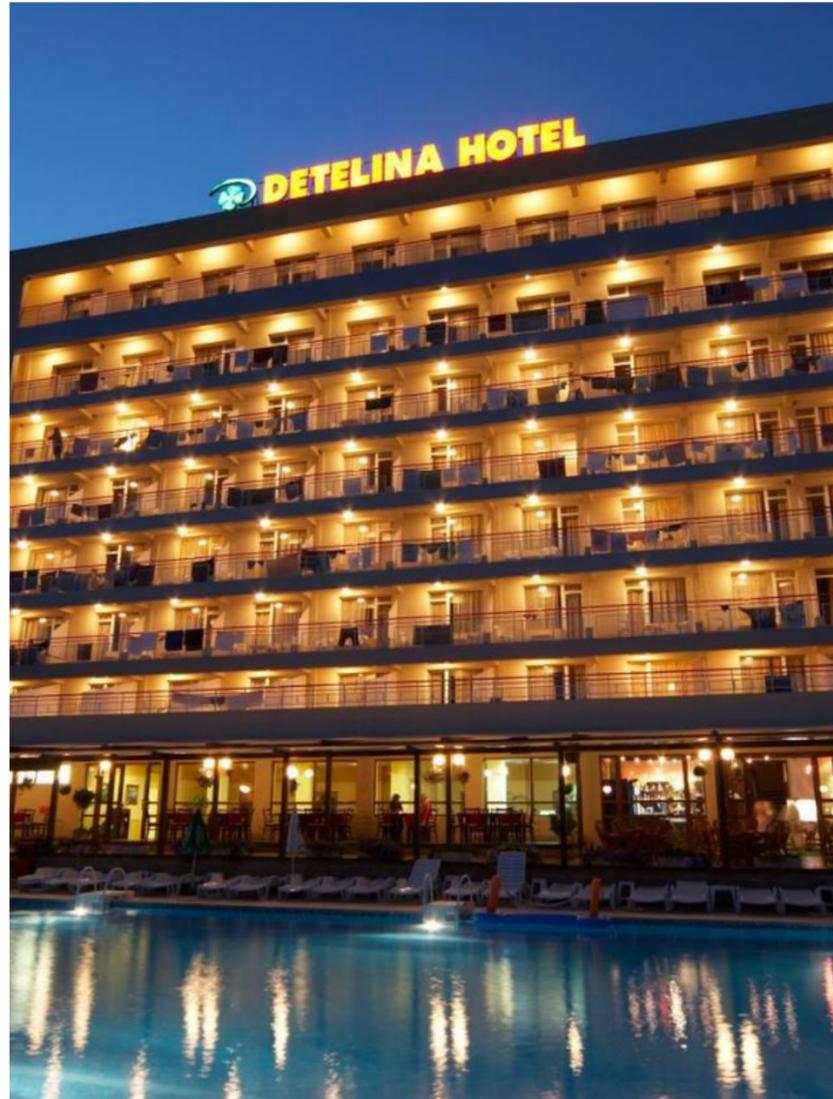
<https://www.socialhubbg.eu>



<https://www.instagram.com/ssocialhub/>



# ACCOMMODATION



**GOLDEN SANDS, BULGARIA, HOTEL DETELINA**

# ACCOMMODATION

## **Golden Sands, Bulgaria, Hotel Detelina**

Golden Sands is one of the three major Bulgarian seaside resorts, located in the northern part of the Bulgarian Black Sea coast. It is located in the municipality of Varna, Primorski district, 17 km from the center of Varna.

**Hotel "Detelina"** is a 3-star hotel located in the middle of a park, 300 meters from the beach in the "Seagull" area, 4 km south of the central part of "Golden Sands".

### **Address:**

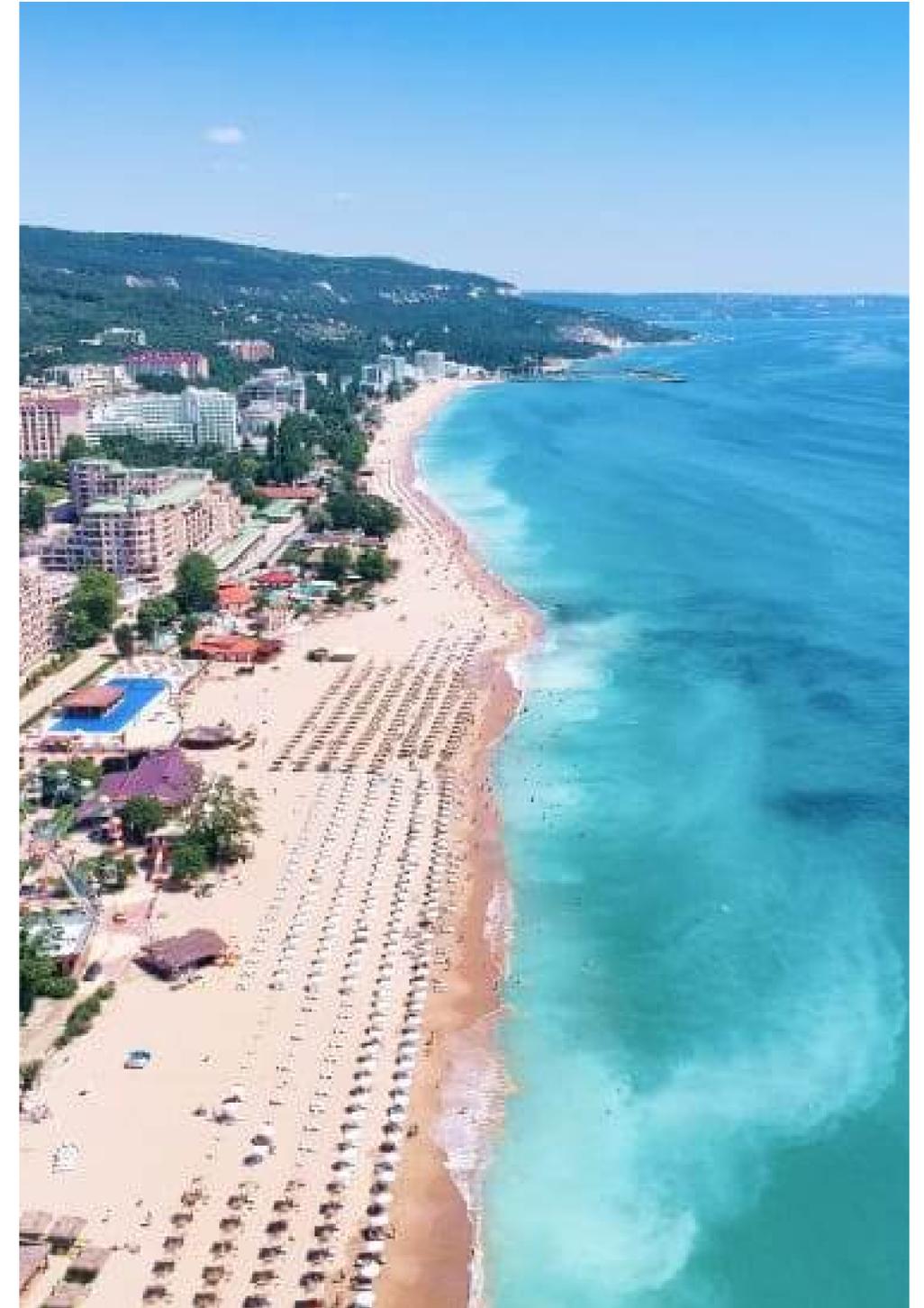
**HOTEL DETELINA, GOLDEN SANDSPRIMORSKI, 9006 CHAIKA, BULGARIA**



# ABOUT BULGARIA

Bulgaria is charming and warm in May. You might still want to bring a jacket for the evenings. The currency is Leva and **1 euro = 1.95 leva**.

Even though you can pay by card in many places we recommend you have some cash with you.



# TRAVEL

## VARNA

THE CLOSEST AIRPORT IS VARNA.

TO GET TO AND FROM VARNA AIRPORT, YOU MAY TAKE **BUS NO409**.

THE DURATION OF THE JOURNEY TO THE CITY CENTER IS UNDER 20 MINUTES AND 50 MINUTES TO GOLDEN SANDS RESORT.

YOU SHOULD NOT HAVE TO WAIT LONGER THAN 15 MINUTES FOR A BUS, WHICH DEPARTS FROM **THE BUS STATION IN FRONT OF TERMINAL 2 ARRIVALS**. A TICKET CAN BE PURCHASED INSIDE THE BUS.



# TRAVEL

## SOFIA

IN CASE YOU DO NOT FIND SUITABLE TICKETS TO VARNA, YOU CAN FLY TO SOFIA AND THEN COME BY BUS TO VARNA.

## BUCHAREST

ANOTHER OPTION IS TO FLY TO BUCHAREST AND GET A BUS FROM THE AIRPORT TO VARNA.



# TRAVEL REIMBURSEMENT PER PARTICIPANT

<i>COUNTRY</i>	<i>ORGANISATION</i>	<i>MAX. TRAVEL REIMBURSEMENT</i>
<i>BULGARIA</i>	SOCIAL HUB	<i>23 EURO</i>
<i>POLAND</i>	Klaster Innowacji Społecznych	<i>275 EURO</i>
<i>ROMANIA</i>	Filiala Asociației Se Poate	<i>210 EURO (GREEN TRAVEL)</i>
<i>ITALY</i>	NAPOLI UNITED	<i>180 EURO</i>
<i>LITHUANIA</i>	VsI "uMunthu"	<i>275 EURO</i>

# PLEASE NOTE!

**Max. travel reimbursement** is the maximum amount that will be reimbursed to You after providing all the necessary travel documents and accomplishing all the duties that Project itself requires from You (f.ex. dissemination of the results of the Project).

## What does it mean?

We will reimburse all Your travel expenses unless they do not exceed maximum travel reimbursement cost per participant for Your Country.

## What is green travel?

If You see that Your travel reimbursement consist of green travel - that means You can only travel by eco types of transportation (especially by train and by bus)



# WHICH TYPES OF TRANSPORTATION ARE ACCEPTABLE TO RECEIVE TRAVEL REIMBURSEMENT?



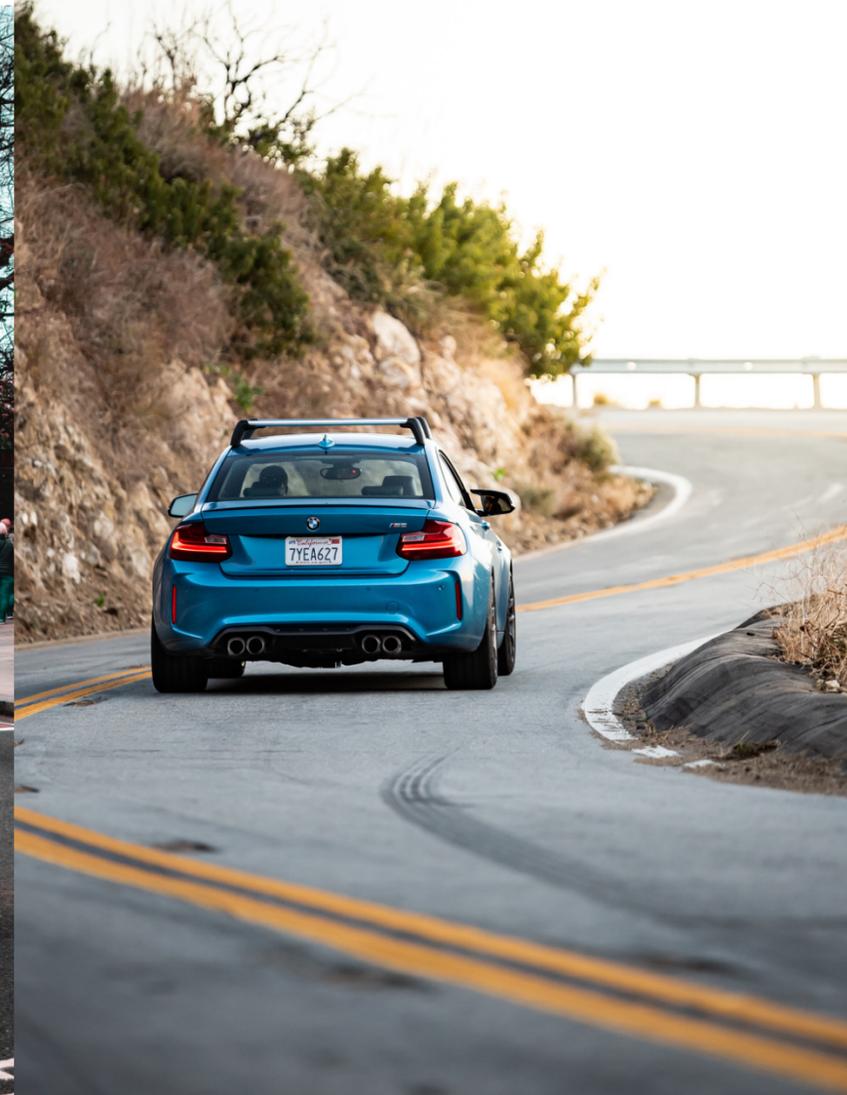
**PLANE**



**TRAIN**



**BUS**



**CAR**

**IMPORTANT! OTHER TYPES OF TRANSPORTATION THAN THOSE MENTIONED ABOVE WILL BE NOT REIMBURSED!**

**TAXI WILL BE NOT REIMBURSED!**

# TRAVELLING BY PLANE

If You are travelling by Plane pick economic or low cost flights if possible..

All the following documents are needed to reimburse Your tickets:

- **Confirmation of flight purchase** (e-mail you receive after buying Your flight, where all the travel details and as well the price is written)
- **Boarding Pass** (the document with QR Code that allows You to get on the board of the Plane, You receive it 24 - 30 hrs before Your flight) **IMPORTANT!** We do not accept print screens! Do not check in via application! Please check in via official airline website to be sure You will receive Your Boarding Pass in PDF file. If it is impossible to get PDF file You will be asked to send us original BP received at the airport via post to our's Foundation address.
- **Fiscal Invoice** - if You asked for the Invoice while your flight purchase

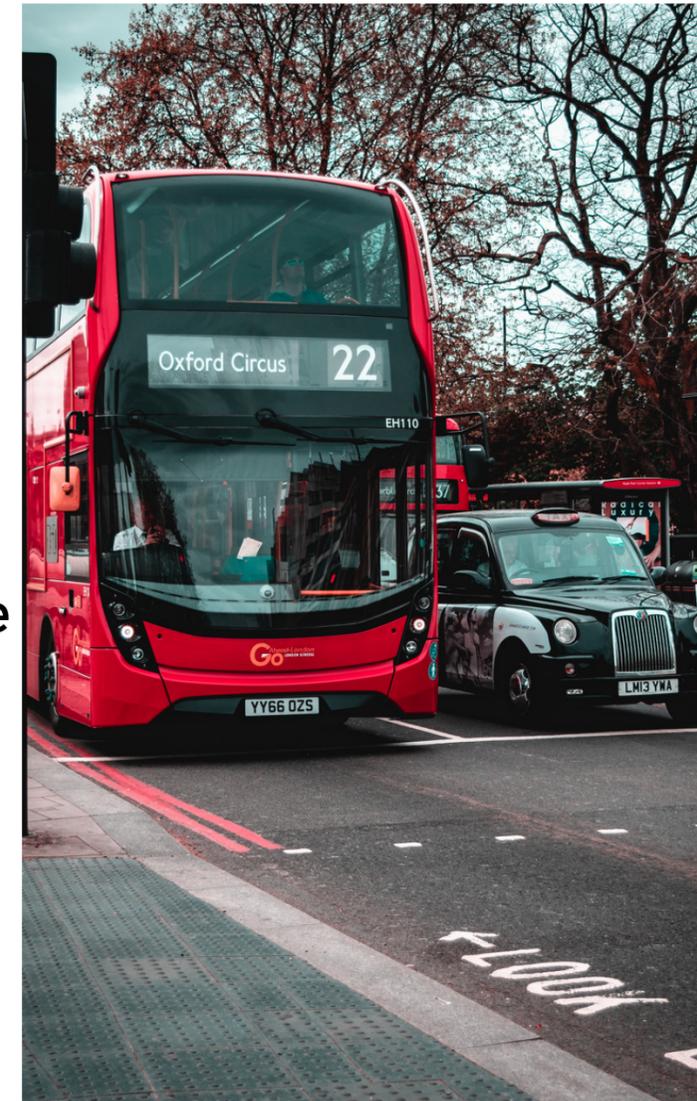


# TRAVELLING BY TRAIN

# TRAVELLING BY BUS



- **Train / Bus Tickets** - make sure that dates, travel route and the price is visible on the ticket  
**IMPORTANT!**  
To reimburse Your travel we need PDF tickets or the original ones (screenshots or photos will be not accepted!). That means if You do not provide us Your tickets in PDF files You will have to give us original tickets at the project or send us Your tickets via post after returning back home (which means for You additional cost for the post services which is not reimbursed)
- **Invoices** - If the ticket price will be not visible on the ticket we need also an Invoice, please check carefully if all the required data is visible on the ticket.



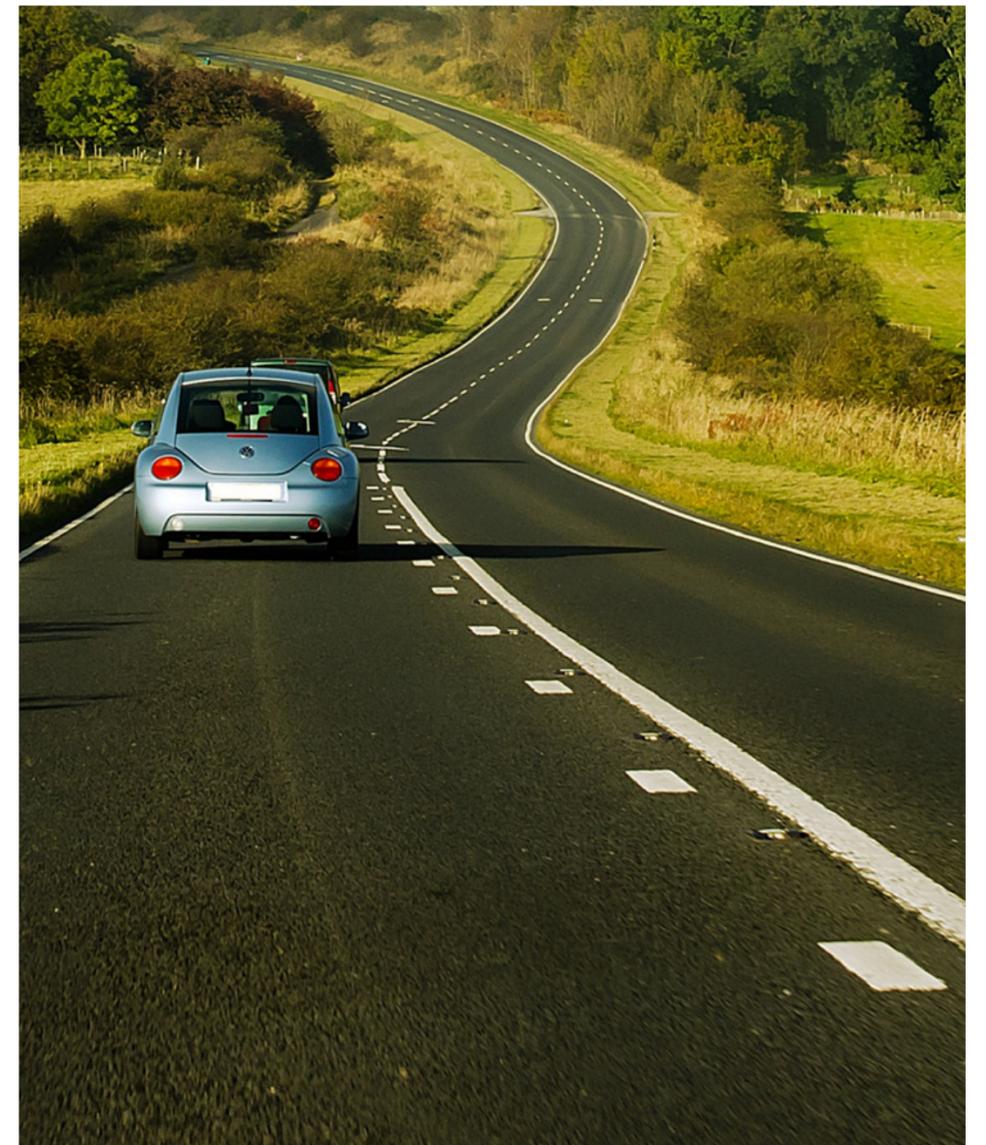
# TRAVELLING BY CAR

If You want to travel by Car You have to receive approval from the Hosting Organisation!

Afer receiving the approval You will need to put our Taxpayer Identification Number on **refueling invoice** You will receive on the date of the start of Your journey. If Possible please ask for the invoice.

We will need also:

- **Vehicle Registration Certificate** (copies from both sides)
- **Written travel statement** (where travel route, vehicle data are written)





# ADDITIONAL INFORMATION

01

## TRAVEL ROUTE

Travel route has to be accepted by Hosting Organization before purchase of the tickets!

02

## NO PICTURES OR SCREENSHOTS!

We accept only PDF tickets and original tickets. Screenshots or photos will be not accepted! We recommend to buy Your tickets on original sites not by brokers or not via applications!

03

## ADDITIONAL DAYS

Participants have a right to stay up to 2 days before or after the project. Accommodation and meals during additional days are not organized and covered by Hosting Organization.

04

## MISSING TRAVEL DOCUMENTS

If some tickets are missing (f.ex. You do not have an ability to buy them online for Your way back) You have to send originals to us via post just after returning back home. We will wait max. 1 week after the end of Your journey for missing tickets. If we will not receive them - those tickets will be not reimbursed.

05

## REIMBURSEMENT TRANSFER TIME

When all the documents are provided and Participants fulfilled their Project duties Hosting Organisation has 1-2 months to reimburse all the participants travel costs -only after receiving all the travel documents from all participants and accomplishing all duties by them.

# WHAT TO BRING WITH YOU

**At least one laptop per national team**

**Clothes, personal items, ID or passport**

**Presentation, food for intercultural nights**



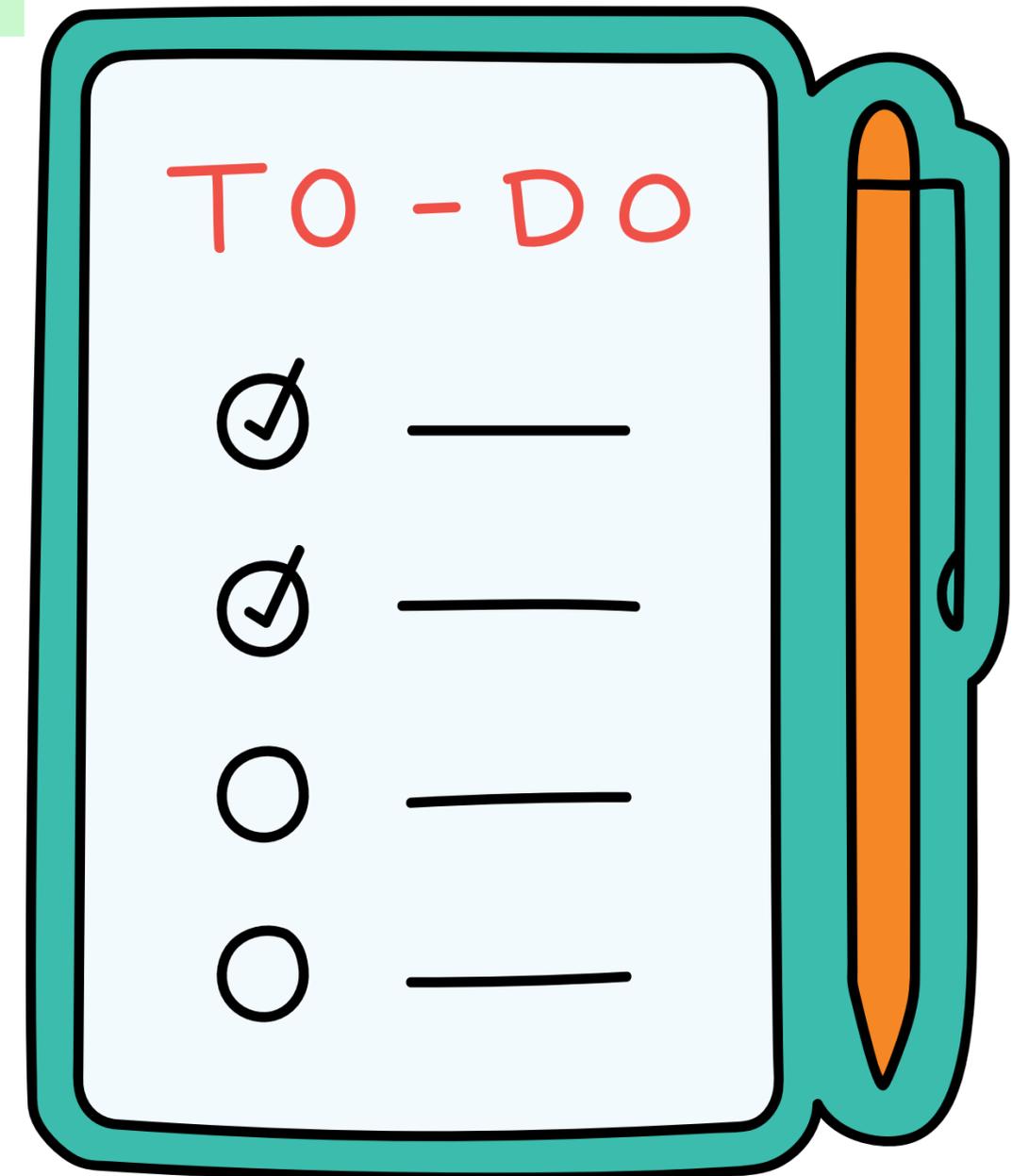
# THINGS TO DO AFTER THE YOUTH EXCHANGE

**Organizing and sending the travel documents to Social Hub**

**Performing dissemination activities (1 local workshops per each national team aiming to promote the a mini-cookbook with traditional national recipes in the spirit of Live Green prepared by the participants of the youth exchange)-**

**The photos from the workshops and short description should be send to Social Hub**

**Group leaders need to fill out the report send by the European Commission**



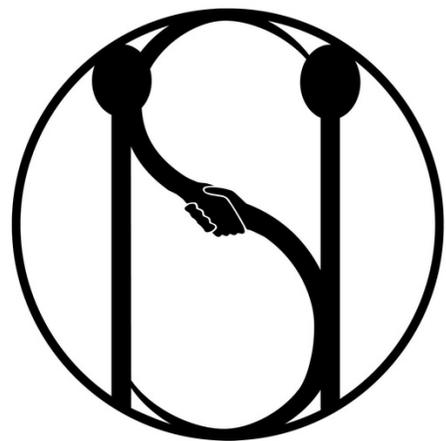
# IMPORTANT

**The reimbursement will be done after receiving all travel documents and dissemination tasks from all national teams.**

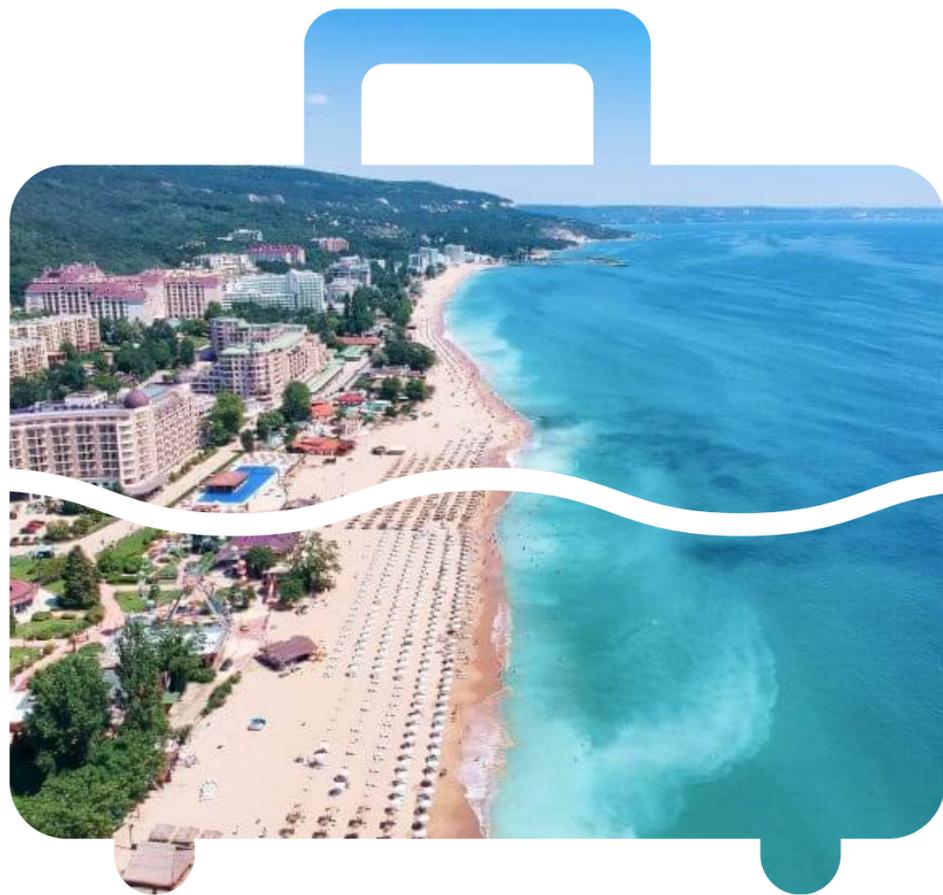
**The reimbursement will be sent to the bank account of sending organization that will further distribute the travel amount to their participants.**

**The whole process will be finalised the latest 2-3 months after the youth exchange.**

*Together  
We Can!*



In case of questions contact us



[contact@socialhubbg.eu](mailto:contact@socialhubbg.eu)