

INFOPACK

Empowering education workers in cybersecurity

YOUTH WORKERS EXCHANGE



Co-funded by
the European Union



OVERVIEW

GOAL

Our project is centered on **providing education professionals with the skills and knowledge required to teach young people about staying safe in the digital world.** This initiative aims to **empower educators with a deep understanding of cybersecurity and digital literacy, equipping them to guide the youth effectively.** Through this exchange, project participants will engage in workshops and activities designed to enhance their digital competencies, enabling them to deliver impactful cybersecurity education to young individuals, fostering a safer and more secure digital environment for them. During the exchange, we plan to **conduct workshops on managing social media, introducing participants to AI tools applicable in content creation, video creation.**

OBJECTIVES

To educate young participants about the essentials of cybersecurity and the importance of maintaining personal safety.



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AGE OF PARTICIPANTS

The target age range is **25- 60 years**

SCHEDULE

ARRIVAL DAY: 08-04-2024

DATES OF THE YOUTH EXCHANGE:

09.04.2024 -16.04.2024

DEPARTURE DAY: 17-04-2024

TRAVEL BUDGET

POLAND: 211 € PER PERSON

GREECE: 309 € PER PERSON

SPAIN: 395 € PER PERSON

ITALY: 309 € PER PERSON

ESTONIA: 309 € PER PERSON

WHAT TO BRING?

- **Passport or ID card**
- **All travel TICKETS!**
- **European health insurance cards are obligatory for all participants**
- Towels and personal hygienic things (shampoo, soap, toothbrush etc.)
- **Hair dryer** - the venue does not provide such
- Your positive attitude and willingness to participate in activities

OTHER PRACTICALITIES

- During the training course we will organize a **cultural evenings**. Bring with your **traditional snacks and drinks**, some games for the evening. Bring necessary ingredients with you, the venue cannot provide it.
- In the centre there is **Wi-Fi Internet** connection so you can bring your computer.
- During the project you will be provided with **3 meals (breakfast, lunch, and dinner)**, also **2 coffee breaks a day**.

TRAVEL EXPENSES

- Travel expenses will only be reimbursed upon presentation of documents proving the amount actually paid: **original invoice**. Documents must include the date, price, traveler's name, destinations, and the receipt must be completely clear.
- **Keep all travel documents** that you will receive during your trip: boarding passes, receipts, tickets, etc. as we absolutely need them!
- **Taxi rides are not refundable.**



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HOW TO GET HERE?



Ośrodek Społecznik, ul. Żywiecka 67, Międzybrodzie Bialskie, Silesian Voivodeship, Poland, 34-312

IF YOU ARE LANDING IN KATOWICE

Katowice Airport → AP bus → **Katowice Dworzec** (railway station)

Katowice Dworzec → train → **Bielsko-Biała Główna** (railway station)

Bielsko-Biała D.a bus station → 113 or 114 bus →

Międzybrodzie Skrzyżowanie (20 stops)

Międzybrodzie Skrzyżowanie - few minutes on foot → **YOU ARE THERE!**



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IF YOU ARE LANDING IN KRAKOW

Kraków Airport (Kraków Lotnisko) → SKA1 train (6 stops, every half an hour, after 6 pm every hour) → **Kraków Główny** (Main railway station)

Kraków Główny → train → **Bielsko Biała Główna** (railway station)
(Direct trains: 06:06, 10:41, 13:50, 14:41, 16:35, 18:43)

Bielsko-Biała D.a bus station → 113 or 114 bus → **Międzybrodzie Skrzyżowanie** (20 stops)

Międzybrodzie Skrzyżowanie - few minutes on foot → **YOU ARE THERE!**

OR LONGER OPTION

Kraków Airport (Kraków Lotnisko) → SKA1 train (6 stops, every half an hour, after 6 pm every hour) → **Kraków Główny** (Main railway station) Kraków Główny → train → **Katowice Dworzec** (railway station)

Katowice Dworzec → train → **Bielsko Biała Główna**

Bielsko-Biała D.a bus station → 113 or 114 bus → **Międzybrodzie Skrzyżowanie** (20 stops)

Międzybrodzie Skrzyżowanie → few minutes on foot → **YOU ARE THERE!**

USEFUL LINKS

[INTERCITY](#)

[KOLEJE ŚLĄSKIE](#)

[ECOLINES](#)

[FLIXBUS](#)

[LUXEXPRESS](#)

ACCOMMODATION



The accommodation provided is the **Spolecznik Center** located in the **Żywiec County**, in the midst of the Silesian Beskid Mountains and in the vicinity of the **Żywiec Lake**.

All costs related to accommodation and meals are covered by the organizer. Reimbursement of travel expenses will be made by bank transfer, using the prevailing exchange rate and issued in euros (€).

CONTACT

If you have any **questions**, don't hesitate to ask!

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